

Unlock Your Inner Strength: 35 Quotable Quotes for the 12 Steps

The journey of recovery through the 12 Steps can be arduous, but it is also incredibly rewarding. Along the path, you will encounter challenges and triumphs, moments of doubt and profound realizations. To help you navigate this transformative experience, we present a collection of 35 quotable quotes that encapsulate the wisdom and inspiration of the 12 Steps.



THE 7 STEP BY STEP WAYS TO REBOOT YOUR BRAIN FOR BUSINESS SUCCESS: With 35 Quotable quotes

for the steps by SEMIU OYEDEJI

★★★★☆ 4.3 out of 5

Language : English
File size : 90 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 21 pages
Lending : Enabled

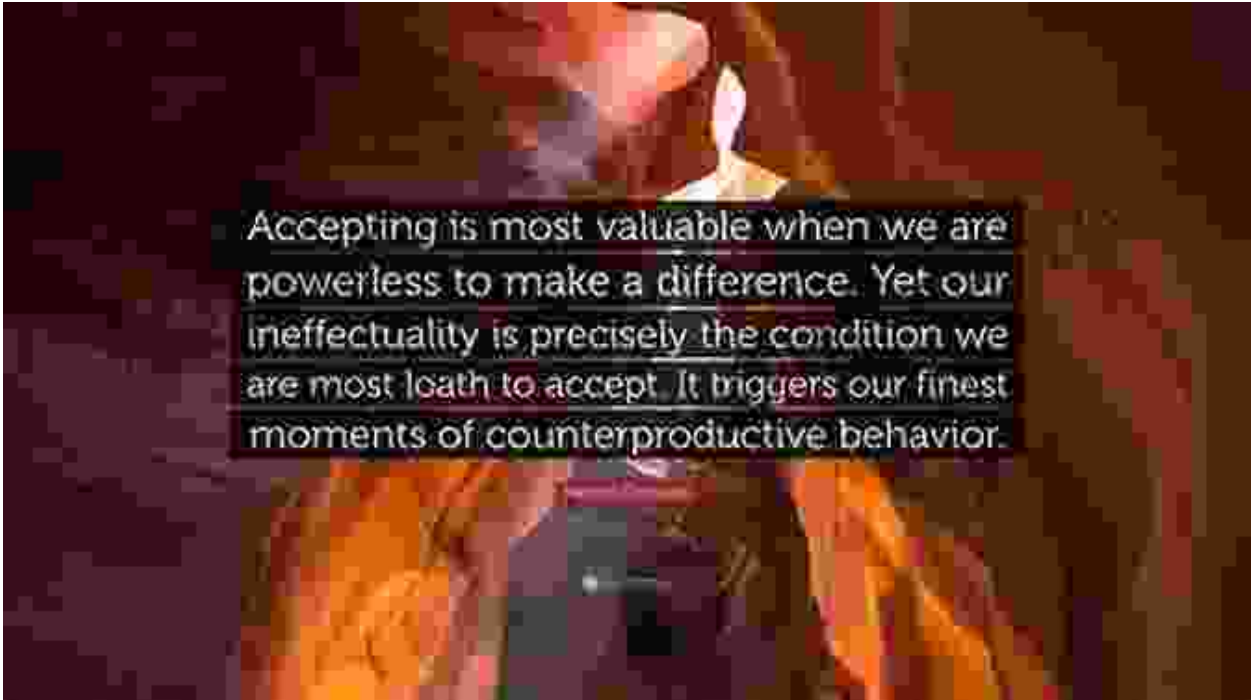


These words, spoken by individuals who have walked the path of recovery before you, offer guidance, encouragement, and a reminder that you are not alone. They will inspire you to embrace the challenges ahead, connect with your inner strength, and ultimately find the freedom and fulfillment you seek.

Step 1: Admitting We Are Powerless

1.



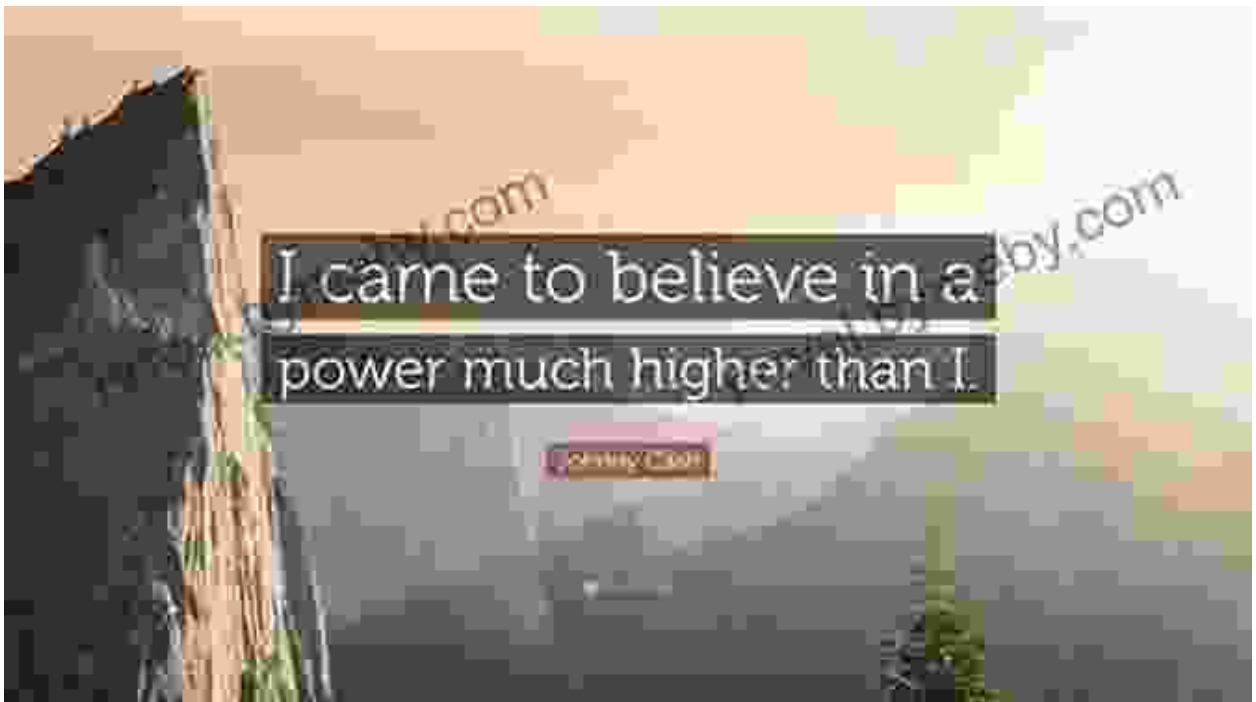
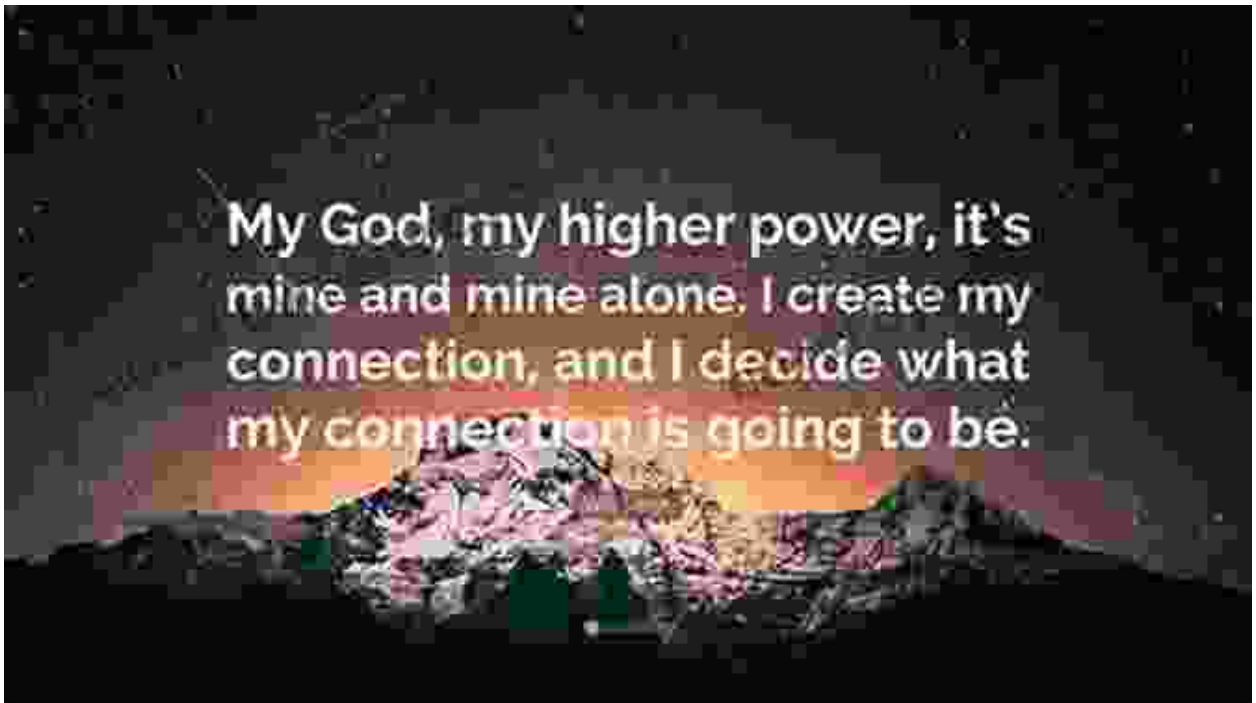


Accepting is most valuable when we are powerless to make a difference. Yet our ineffectuality is precisely the condition we are most loath to accept. It triggers our finest moments of counterproductive behavior.

2. "Powerlessness is not a sign of weakness, but a realization that we cannot control everything in our lives. It is a surrender to the truth that we are but small parts of a much larger universe." - Melody Beattie

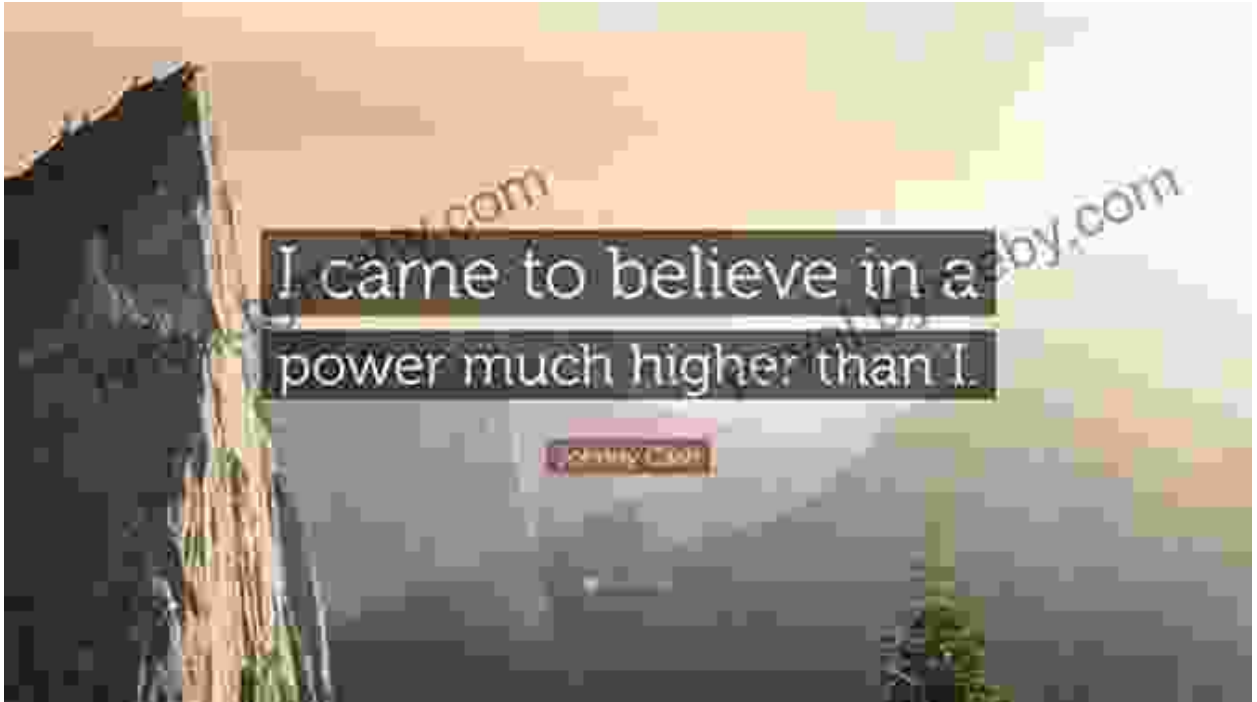
Step 2: Coming to Believe in a Higher Power

1.



2. “The universe is not indifferent to us. There is a force that guides and loves us, and that force is always available to us.” - Dalai Lama

3.



Step 3: Turning Our Will and Our Lives Over to God



1. "Surrender is not giving up. It is letting go of the illusion of control." - Eckhart Tolle

2.



Step 4: Taking a Moral Inventory of Ourselves

Step 4:

The Fourth Step, Your Fearless
Moral Inventory



1. "The greatest journey of all is the journey inward." - Dag Hammarskjöld

2.

Step 4:

The Fourth Step, Your Fearless
Moral Inventory





3. "If you are honest with yourself, you will be honest with others." - Confucius

Step 5: Admitting Our Wrongs to God, Ourselves, and Others



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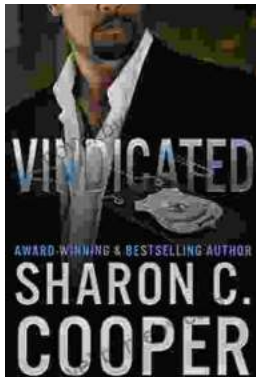
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