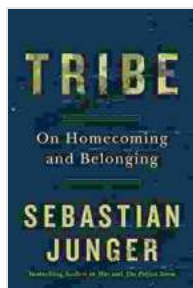


Tribe On Homecoming And Belonging: A Journey of Self-Discovery and Acceptance

We all have a need to belong. We all want to feel like we are part of something larger than ourselves, that we are loved and accepted for who we are. But for many of us, finding our tribe can be a challenge.



Tribe: On Homecoming and Belonging by Sebastian Junger

★★★★☆ 4.6 out of 5

Language	: English
File size	: 2184 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
X-Ray	: Enabled
Word Wise	: Enabled
Print length	: 182 pages



In her new book, *Tribe On Homecoming And Belonging*, author and speaker Luvvie Ajayi Jones explores the importance of finding our tribe and feeling a sense of belonging. She writes about her own journey of self-discovery and acceptance, and she offers practical advice on how we can all find our own tribe.

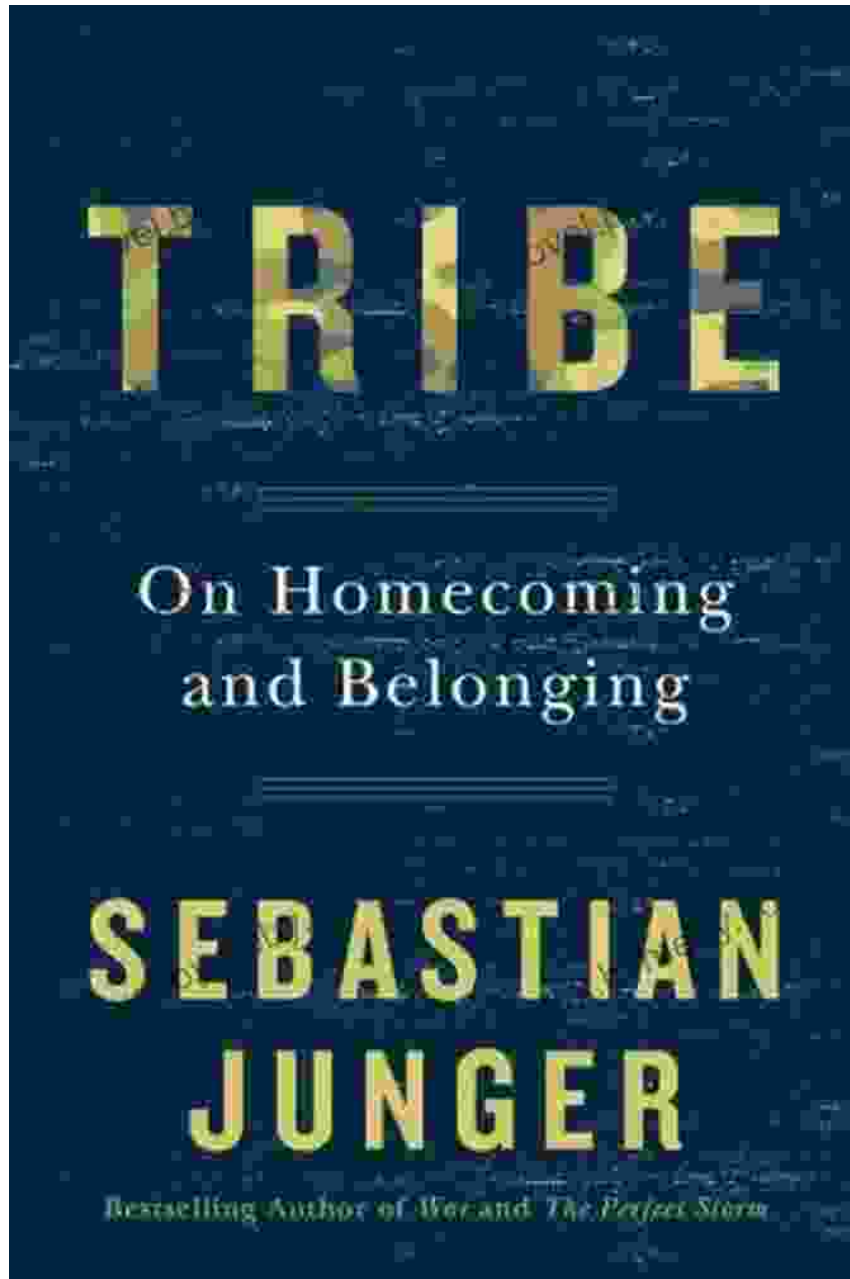
Jones argues that finding our tribe is essential for our well-being. She writes, "When we find our tribe, we find a place where we can be ourselves, a place where we are loved and accepted for who we are. This is the foundation for a healthy and fulfilling life."

But finding our tribe is not always easy. Jones identifies three main challenges that we all face when it comes to finding our tribe:

1. **We are afraid of being rejected.** We all want to be loved and accepted, but we are often afraid of putting ourselves out there and risking rejection. This fear can hold us back from finding our tribe.
2. **We don't know where to look.** There are so many different groups and communities out there, it can be hard to know where to start looking for our tribe. This can be especially challenging if we are new to a city or don't have a lot of social connections.
3. **We don't know how to connect.** Even if we do find a group or community that we think we might like, we may not know how to connect with the people there. This can be especially challenging if we are shy or introverted.

Jones provides practical advice on how we can overcome these challenges and find our tribe. She writes about the importance of getting involved in our communities, trying new things, and being open to new experiences. She also offers advice on how to build relationships and connect with others.

Tribe On Homecoming And Belonging is a must-read for anyone who has ever felt lost or alone, and who is looking for a way to find their people. This book is full of practical advice and inspiring stories that will help you on your journey of self-discovery and acceptance.

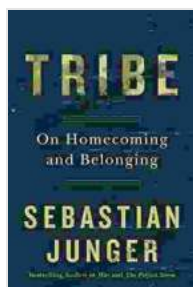


About the Author

Luvvie Ajayi Jones is a New York Times bestselling author, speaker, and podcaster. She is the author of the books "I'm Judging You: The Do-Better Manual," "Professional Troublemaker: The Fear-Fighter Manual," and "Rising Troublemaker: A Fear-Fighter Manual for Teens." She is also the host of the podcast "Luvvie Ajayi Jones: The Podcast."

Luvvie is a passionate advocate for self-love, acceptance, and social justice. She is a frequent speaker at conferences and events, and she has been featured in numerous media outlets, including The New York Times, The Washington Post, and NPR.

Luvvie's work has helped countless people to find their voice, embrace their individuality, and make a difference in the world.



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