

Trans Girl Tells It Like It Is: An Unflinching Look at the Challenges and Triumphs of Growing Up Transgender

In her groundbreaking memoir, *Trans Girl Tells It Like It Is*, author and activist Sarah McBride offers an unflinching look at the challenges and triumphs of growing up transgender. Written with honesty, humor, and compassion, this book is a must-read for anyone who wants to understand the transgender experience.

McBride begins her story by describing her early childhood, when she first realized that she was different from other boys. She struggled with feelings of isolation and depression, and she was often bullied by her peers. But through it all, McBride never gave up on her dream of living authentically as herself.



The New Girl: A Trans Girl Tells It Like It Is by Rhyannon Styles

★★★★☆ 4.5 out of 5

Language : English
File size : 2160 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 336 pages



As a teenager, McBride came out to her family and friends. She began hormone therapy and underwent gender confirmation surgery. These were

significant milestones in her journey, but they also came with new challenges. McBride faced discrimination and prejudice from people who did not understand her. She was even forced to leave her home state of Delaware because of the state's anti-transgender laws.

Despite these challenges, McBride remained determined to live her life on her own terms. She went on to graduate from college and become the first openly transgender person to speak at the Democratic National Convention. Today, she is a leading advocate for transgender rights, and she continues to inspire people all over the world.

Trans Girl Tells It Like It Is is a powerful and moving memoir that offers a unique perspective on the transgender experience. McBride's story is one of resilience, courage, and self-acceptance. It is a book that will stay with you long after you finish reading it.

In this book, McBride shares:

- Her experiences growing up as a transgender girl in a conservative family
- The challenges she faced coming out to her family and friends
- The discrimination and prejudice she experienced as a transgender person
- Her journey to self-acceptance and authenticity
- Her work as an advocate for transgender rights

This book is perfect for:

- Anyone who wants to understand the transgender experience

- Transgender people who are looking for support and inspiration
- Parents and allies of transgender people
- Anyone who is interested in social justice and equality

About the Author

Sarah McBride is an American transgender activist and politician. She is the first openly transgender person to speak at the Democratic National Convention. She is also the first transgender person to be elected to a state Senate in the United States.

McBride was born in Wilmington, Delaware, in 1989. She came out as transgender to her family and friends in 2012. She began hormone therapy in 2013 and underwent gender confirmation surgery in 2016.

In 2016, McBride was elected to the Delaware State Senate. She is the first openly transgender person to be elected to a state Senate in the United States. She serves on the Senate Education Committee and the Senate Health and Social Services Committee.

McBride is a leading advocate for transgender rights. She is a board member of the Human Rights Campaign and the National Center for Transgender Equality. She is also a co-founder of the Delaware Coalition for Transgender Rights.

McBride's memoir, *Trans Girl Tells It Like It Is*, was published in 2021. The book offers an unflinching look at the challenges and triumphs of growing up transgender.

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