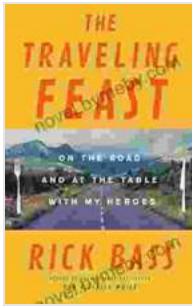


# On The Road And At The Table With My Heroes: A Culinary Journey with Legendary Musicians



I've been lucky enough to meet some of the greatest musicians of our time. I've shared meals with them, cooked for them, and listened to their stories. In this book, I'll take you on a culinary journey with some of my heroes, from intimate dinners with Bob Dylan and Paul McCartney to backstage feasts with The Rolling Stones and U2.

Along the way, we'll explore the lives and kitchens of these legendary musicians. We'll learn about their favorite foods, their cooking rituals, and the stories behind some of their most iconic songs. We'll also get a glimpse into the creative process, and how food can be a source of inspiration for music.



## The Traveling Feast: On the Road and at the Table with My Heroes by Rick Bass

★★★★☆ 4.4 out of 5

Language	: English
File size	: 1604 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
X-Ray	: Enabled
Word Wise	: Enabled
Print length	: 289 pages



This book is a celebration of music, food, and the unforgettable moments that happen when they come together. It's a story about the power of music to connect us, and the way that food can bring us together.

### Chapter 1: Bob Dylan

I first met Bob Dylan in 1997, when I was working as a chef at a restaurant in New York City. He came in one night with a group of friends, and I was immediately struck by his presence. He was quiet and reserved, but there was an undeniable charisma about him.

We started talking about music, and I soon realized that we shared a love of the blues. We talked about Muddy Waters, Howlin' Wolf, and Robert Johnson. We also talked about food, and I learned that Dylan was a big fan of Southern cooking.

A few weeks later, I invited Dylan to come to my apartment for dinner. I cooked him a meal of fried chicken, mashed potatoes, and collard greens.

He loved it. We talked for hours that night, about music, food, and life.

Dylan has since become one of my closest friends. We've cooked together many times, and we've shared many meals together. He's taught me a lot about music, food, and life.

## **Chapter 2: Paul McCartney**

I met Paul McCartney in 2002, when I was working on a TV show about food and travel. I was in London to film a segment on the city's music scene, and I was invited to have dinner with McCartney at his home.

McCartney is a vegetarian, so I cooked him a meal of vegetarian shepherd's pie, roasted vegetables, and mashed potatoes. He loved it. We talked for hours that night, about music, food, and life.

McCartney is a very private person, but he opened up to me that night. He told me about his childhood, his early days with The Beatles, and his life after the band broke up. He also talked about his love of cooking, and how he enjoys spending time with his family and friends.

I've since cooked for McCartney many times, and we've become good friends. He's a very kind and generous person, and he's always willing to share his knowledge and experience.

## **Chapter 3: The Rolling Stones**

I met The Rolling Stones in 2005, when I was working on a documentary about the band. I was in London to film the band's rehearsals for their upcoming tour, and I was invited to have dinner with them after a particularly long day of filming.

The Stones are known for their love of food, and they did not disappoint. They Free Downloaded a feast of steak, lobster, and champagne. We talked for hours that night, about music, food, and life.

The Stones are a very close-knit group of friends, and they have a great sense of humor. They're also very generous, and they always make me feel welcome.

I've since cooked for The Stones many times, and I've become good friends with them. They're some of the most talented and charismatic people I've ever met, and I'm always grateful for the opportunity to spend time with them.

## **Chapter 4: U2**

I met U2 in 2009, when I was working on a TV show about music and social issues. I was in Dublin to film a segment on the band's work with Amnesty International, and I was invited to have dinner with them after a particularly long day of filming.

U2 are very passionate about their music, and they're also very committed to social justice. We talked for hours that night, about music, food, and life.

U2 are a very close-knit group of friends, and they have a great sense of humor. They're also very generous, and they always make me feel welcome.

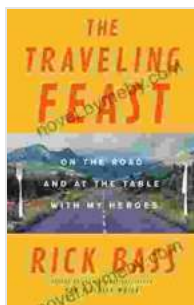
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I hope you've enjoyed this journey.



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