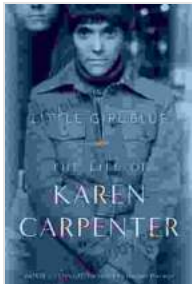


# Little Girl Blue: The Tragic Life of Karen Carpenter



**Little Girl Blue: The Life of Karen Carpenter** by Randy Schmidt

★★★★☆ 4.6 out of 5

Language : English  
Text-to-Speech : Enabled  
Enhanced typesetting : Enabled  
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Lending : Enabled  
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X-Ray : Enabled  
Print length : 392 pages



Karen Carpenter was a talented singer who rose to fame in the 1970s as one half of the Carpenters duo. Her voice was pure and sweet, and her songs were often tinged with a sense of sadness. But behind the smiling facade, Karen was struggling with a dark secret: she was anorexic.

Karen's anorexia began in her early teens. She was a perfectionist, and she wanted to be thin and beautiful. She began to restrict her food intake, and she soon became obsessed with her weight. As her anorexia progressed, Karen's health began to deteriorate. She became weak and tired, and her hair began to fall out. She also developed a heart condition that would eventually kill her.

Despite her health problems, Karen continued to perform. She and her brother Richard released a string of hit songs, including "Close to You,"

"We've Only Just Begun," and "Top of the World." But behind the scenes, Karen was suffering. She was constantly dieting and purging, and she was struggling to keep her anorexia a secret from her family and friends.

In 1980, Karen was hospitalized for anorexia. She was given medication and counseling, but she continued to struggle with her eating disorder. She was released from the hospital in 1981, but she died of heart failure just a few months later. She was only 32 years old.

Karen Carpenter's death was a tragedy. She was a talented singer who had so much to offer the world. But her anorexia stole her life away from her. *Little Girl Blue* is a biography of Karen Carpenter that explores her life, her struggle with anorexia, and her tragic death. It is a must-read for fans of Karen Carpenter and anyone interested in the dark side of fame.

## **Early Life**

Karen Carpenter was born on March 2, 1946, in New Haven, Connecticut. Her father, Harold, was a music teacher, and her mother, Agnes, was a homemaker. Karen had a younger brother, Richard, who would later become her musical partner.

Karen began singing at a young age. She had a natural talent for music, and she quickly learned to play the piano and drums. She also sang in the choir at her local church.

In 1963, Karen and Richard formed a singing duo called the Carpenters. They began performing at local clubs and talent shows, and they soon gained a following. In 1966, they signed a recording contract with A&M Records.

## **Rise to Fame**

The Carpenters' debut album, *Offering*, was released in 1969. The album was a commercial success, and it spawned two hit singles, "Close to You" and "We've Only Just Begun." The Carpenters quickly became one of the most popular music duos in the world.

The Carpenters released a string of hit songs throughout the 1970s, including "Top of the World," "Rainy Days and Mondays," and "Yesterday Once More." They also starred in several television specials and toured the world.

## **Struggles with Anorexia**

Behind the smiling facade, Karen Carpenter was struggling with a dark secret: she was anorexic. Karen's anorexia began in her early teens. She was a perfectionist, and she wanted to be thin and beautiful. She began to restrict her food intake, and she soon became obsessed with her weight.

As Karen's anorexia progressed, her health began to deteriorate. She became weak and tired, and her hair began to fall out. She also developed a heart condition that would eventually kill her.

Despite her health problems, Karen continued to perform. She and her brother Richard released a string of hit songs, including "Close to You," "We've Only Just Begun," and "Top of the World." But behind the scenes, Karen was suffering. She was constantly dieting and purging, and she was struggling to keep her anorexia a secret from her family and friends.

## **Death**

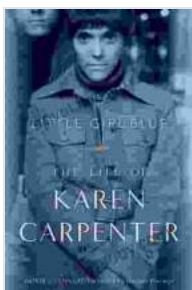
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Karen Carpenter's death was a tragedy. She was a talented singer who had so much to offer the world. But her anorexia stole her life away from her.

## Legacy

Karen Carpenter is remembered as one of the most talented singers of her generation. Her voice was pure and sweet, and her songs were often tinged with a sense of sadness. Despite her struggles with anorexia, Karen Carpenter left behind a legacy of beautiful music that continues to touch the hearts of people around the world.

Karen Carpenter's story is a reminder of the dangers of eating disorders. Eating disorders are serious mental illnesses that can lead to death. If you or someone you know is struggling with an eating disorder, please seek professional help.



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