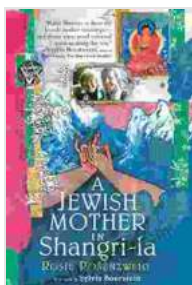


Jewish Mother in Shangri-La: A Journey of Laughter, Longing, and Love



A Jewish Mother in Shangri-la by Rosie Rosenzweig

★★★★☆ 4 out of 5

Language : English
File size : 1013 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 194 pages

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My name is Sarah and I'm a Jewish mother. I've been married to my husband, David, for over 30 years and we have two wonderful children, Rachel and Benjamin. We live in a small town in New Jersey and our lives are pretty much the same day in and day out.

But a few years ago, something happened that changed everything. My mother passed away and it was a very difficult time for me. I was so close to her and I missed her terribly.

One day, I was reading a book about Shangri-La, a remote and mythical paradise. The book described a place where people lived in perfect harmony with nature and with each other. It sounded like a wonderful place and I started to dream about going there.

I talked to David about my dream and he was supportive. He said that he would go with me if I wanted to. So we started planning our trip.

We flew to China and then took a train to Tibet. From there, we hired a guide to take us to Shangri-La. The journey was long and difficult, but it was worth it.

When we finally arrived in Shangri-La, it was like a dream come true. The scenery was breathtaking and the people were so friendly. We spent several days exploring the area and we met some amazing people.

One of the people we met was a Tibetan monk named Tenzin. Tenzin was a very wise and kind man. He taught us about the Buddhist philosophy of compassion and non-violence. He also taught us about the importance of living in the present moment.

We spent several weeks in Shangri-La and it was a life-changing experience. We learned so much about ourselves and about the world around us. We also made some lifelong friends.

When it was time to leave, we were sad to go. But we knew that we would never forget our time in Shangri-La. It was a place that had touched our hearts and changed our lives forever.

I'm so grateful for the opportunity to have visited Shangri-La. It was a journey that I will never forget. And I'm so glad that I was able to share it with my husband and children.



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