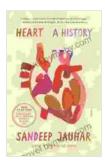
Heart History: A Journey Through Time, Medicine, and the Human Body by Sandeep Jauhar

Sandeep Jauhar's Heart History is a fascinating and deeply personal exploration of the history of medicine and the human body. Jauhar, a cardiologist and author, takes readers on a journey through time, from the ancient Greeks to the present day, to explore how our understanding of the heart has evolved over the centuries. Along the way, he shares stories of patients and doctors, and offers insights into the latest medical advances.

Heart History is an essential read for anyone interested in medicine, history, or the human body. Jauhar's writing is clear and engaging, and he has a knack for making complex medical concepts accessible to a general audience. The book is full of fascinating stories and insights, and it is sure to leave readers with a better understanding of the heart and its place in human history.

A Journey Through Time



Heart: A History by Sandeep Jauhar	
🚖 🚖 🚖 🊖 4.7 out of 5	
Language	: English
File size	: 14848 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 269 pages
Hardcover	: 80 pages
Item Weight	: 1.01 pounds
Dimensions	: 7.36 x 0.51 x 10.2 inches



Jauhar begins his book by exploring the ancient Greek understanding of the heart. The Greeks believed that the heart was the seat of intelligence and emotion, and they thought that it was responsible for everything from love to anger. Over time, the Greeks' understanding of the heart evolved, and by the time of Galen, a Roman physician who lived in the 2nd century AD, the heart was thought to be a pump that circulated blood throughout the body.

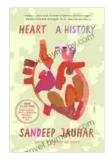
The Galenic understanding of the heart held sway for centuries, but it was not until the 16th century that the true nature of the heart's function was discovered. In 1543, Andreas Vesalius, a Flemish anatomist, published a book that contained the first accurate drawings of the human heart. Vesalius's work helped to revolutionize the understanding of the heart, and it paved the way for the development of modern cardiology.

Medicine and the Human Body

In the centuries that followed Vesalius's discovery, our understanding of the heart continued to grow. In the 19th century, the stethoscope was invented, which allowed doctors to listen to the heart and identify abnormalities. In the 20th century, the electrocardiogram (ECG) was developed, which allowed doctors to record the heart's electrical activity. These advances, and many others, have helped to make heart disease one of the most treatable diseases in the world.

Despite the advances in medicine, heart disease remains a major killer. In the United States, heart disease is the leading cause of death for both men and women. However, there is hope. By understanding the history of heart disease and the latest medical advances, we can work together to prevent and treat this devastating disease.

Heart History is an essential read for anyone interested in medicine, history, or the human body. Jauhar's writing is clear and engaging, and he has a knack for making complex medical concepts accessible to a general audience. The book is full of fascinating stories and insights, and it is sure to leave readers with a better understanding of the heart and its place in human history.



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Acthur Meigherr



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