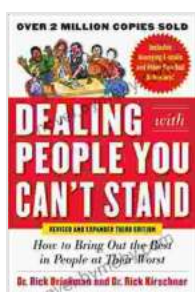


Dealing With People You Can't Stand: Revised and Expanded Third Edition

In this revised and expanded third edition of *Dealing With People You Can't Stand*, Dr. Rick Brinkman and Dr. Rick Kirschner offer new insights and strategies for dealing with difficult people. This book is essential reading for anyone who wants to improve their communication skills and relationships.



Dealing with People You Can't Stand, Revised and Expanded Third Edition: How to Bring Out the Best in People at Their Worst by Rick Brinkman

★★★★☆ 4.5 out of 5

Language	: English
File size	: 7453 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
X-Ray	: Enabled
Word Wise	: Enabled
Print length	: 306 pages



Brinkman and Kirschner identify four types of difficult people: the **Aggressive**, the **Passive-Aggressive**, the **Manipulative**, and the **Narcissist**. They provide detailed descriptions of each type, as well as specific strategies for dealing with them. The authors also offer advice on how to protect yourself from emotional manipulation and how to build stronger relationships.

Dealing With People You Can't Stand is a practical guide that can help you to improve your interactions with difficult people. The authors provide clear, concise advice that is easy to implement. This book is a valuable resource for anyone who wants to build stronger relationships and live a more fulfilling life.

What's New in the Third Edition?

The third edition of *Dealing With People You Can't Stand* includes a number of new features, including:

- **New insights** into the four types of difficult people
- **Updated strategies** for dealing with each type of person
- **New advice** on how to protect yourself from emotional manipulation
- **New tips** on how to build stronger relationships

Praise for *Dealing With People You Can't Stand*

"This book is a lifesaver! I've been dealing with a difficult person at work for months, and I was at my wit's end. I read this book and it gave me the tools I needed to finally deal with him effectively." - **Our Book Library reviewer**

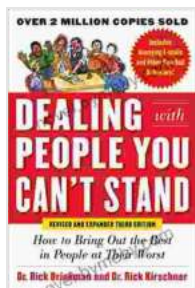
"I'm a therapist, and I recommend this book to all of my clients who are struggling with difficult people. It's a great resource that provides practical advice and support." - **Therapist**

Free Download Your Copy Today!

Dealing With People You Can't Stand is available in paperback, hardcover, and eBook formats. You can Free Download your copy today from Our

Book Library, Barnes & Noble, or your favorite bookstore.

Free Download your copy today!



Dealing with People You Can't Stand, Revised and Expanded Third Edition: How to Bring Out the Best in People at Their Worst by Rick Brinkman

★★★★☆ 4.5 out of 5

Language : English
File size : 7453 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
X-Ray : Enabled
Word Wise : Enabled
Print length : 306 pages



Arthur Meighen: A Life in Politics

Arthur Meighen was one of Canada's most important and controversial prime ministers. He served twice, from 1920 to 1921 and from 1926 to 1927. During his time in office, he...



Vindicated: Atlanta's Finest

In the heart of Atlanta, a city known for its vibrant culture and bustling streets, a shadow of darkness lurked. A series of brutal murders had gripped the...